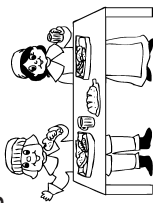


This is the way the Pilgrim kids ate!



Pilgrim kids ate standing up at a table.
While their parents sat on stools or in chairs, Pilgrim kids usually ate standing up.

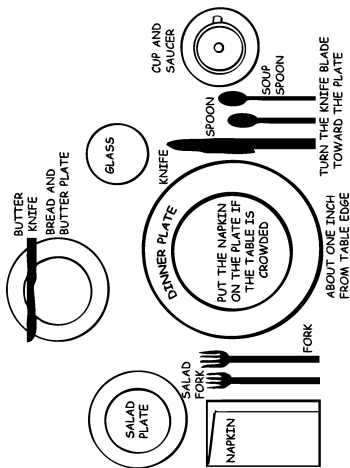
Family members probably had a knife and maybe a spoon, but no fork. Using fingers was OK.
Many families ate out of wooden dishes called "trenchers." They often shared a wooden mug called a "drinking pot."

Can you unscramble some of these Pilgrim foods?

- urkeyt
- qsauhs
- rede
- ifns
- pinsahc

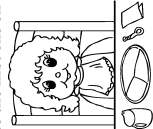
'pseuids 5 'teyl 4 'jeep 3 'ysarbs 2 'oyknt 1

How to set the table



If you are wondering which utensil to use first, always use the first one on the outside and work in. For example, the soup spoon is on the outside.

This guide might have more plates and silverware than you wish. If so, use the above plan, but leave out what you do not use. The setting for young eaters will be simpler.



Ready Resources

The Mini Page provides ideas for websites, books or other resources that will help you learn more about this week's topics.

On the Web:

- <http://allrecipes.com/HowTo/kids-guide-to-table-manners/detail.aspx>
- www.freemannerslesson.com/

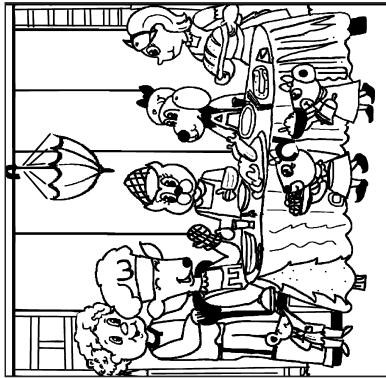
At the library:

- "Emily Post's Table Manners for Kids" by Cindy Post Senning and Peggy Post

Mini Spy ...

Mini Spy and her friends made Thanksgiving dinner for Rookie Cookie this year! See if you can find:

- pencil
- number 2
- umbrella
- letter A
- letter H
- olive
- mug
- cat
- bird
- ladder
- key
- letter U
- Christmas tree
- letter O
- horseshoe
- letter I
- bell
- number 3
- man in the moon
- Christmas tree



You'll need:

- 1 egg
- 1 1/2 cups grated zucchini (1 medium zucchini)
- 1/4 cup finely minced red onion (optional)

What to do:

- Beat egg in medium bowl.
- Add grated zucchini, onion and flour. Mix well.
- Heat oil in a skillet over medium heat.
- Drop zucchini mixture by tablespoons into heated olive oil. Brown each side 30 to 45 seconds.
- Remove to drain on paper towels.
- Sprinkle with salt to desired taste.

You will need an adult's help with this recipe.

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Meet Salma Hayek

Salma Hayek is the wife of Kfir Svirgely in the movie "Fuss in Boots." She has been in several movies, TV shows and commercials. She once starred in a Mexican soap opera. She also directed a movie for TV, "The Maldonado Miracle," for which she won an Emmy award. She was an executive producer for the TV series "Ugly Betty."

After starring in the soap opera, Salma moved to Los Angeles and began taking acting lessons. She also took lessons to give herself a more American accent. She was born in Toluca, Mexico, and grew up in Toluca. She is of Mexican descent. She studied in the College of Arts and Sciences at the University of New Orleans. In college, she studied drama and international relations.

Salma, 45, has supported causes that work to stop violence against women and children, discrimination against immigrants and the spread of AIDS. She speaks English, Spanish, Portuguese and Arabic. She has her own cosmetics line. She loves dogs and yoga.



Illustration by Melissa Young © 2011 Universal Uclick

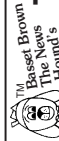


Table Manners

Words that relate to good table manners are hidden in the block below. Some words are hidden backward or diagonally, and some letters are used twice. See if you can find: CHEW, CLEAN, COMPLIMENT, EXCUSE, FOOD, FORK, HELP, HOLIDAY, KNIFE, MANNERS, NAPKIN, PASS, PLATE, POLITE, SHARE, SPOON, TABLE, TASTE, THANKS, TRENCHER, UTENSILS.



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Gus Goodsport's report

Supersport: Justin Verlander

Height: 6-5 Birthdate: 2-20-83

Weight: 225 Hometown: Manakin-Sabot, Va.

Justin Verlander is the kind of guy who lifts a city's spirits. He does it by pitching — and by pitching in to help with community projects.

During the 2011 regular season, the tall right-hander won the Cy Young Award as the best pitcher in the American League. He was named the 2011 Cy Young winner, with a 24-5 record. He was named the 2011 Cy Young winner, with a 24-5 record. He was named the 2011 Cy Young winner, with a 24-5 record.

Verlander, a former Old Dominion college pitcher, has won more than 100 games over the past six seasons and is a four-time American League All-Star. He is also appreciated for supporting multiple charities. He's a Tiger that Detroit is glad to see on the mound and around the town.



Table Manners

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MIGHTY FUNNY'S Mini Jokes

All the following jokes have something in common. Can you guess the common theme or category?

Tom: Why is a turkey an important band member?

Terry: It always has the drumsticks!



Timmy: What holiday does Dracula observe in November?

Timmy: Fangsgiving!



Tara: When is it fun to serve a rubber turkey?

Tyra: For Pranksgiving!

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